



Resources Relating to Older Teens & Young Adults w/Food Allergies

Interviews & Stories:

- [Teens Speak Up About Averting Food Allergy Tragedies](#) (Allergic Living, 2015)
- [Kissing and Allergic Teens](#) (Allergic Living archives)
- [Single w/Food Allergies: Advice on Dating and Relationships](#) (Allergic Living, 2017)
- [Food Allergy Meet the Teenage Brain](#) (Allergic Living, 2015)

For Parents/Caregivers:

- [Parenting Teens w/Chronic Health Conditions](#) (RaisingChildren.net.au)
- [Love & Logic: Parenting Kids w/Health Issues](#) (Dr. Cline, Lisa Greene)

College-Specific:

- [FAACT's "Off to College with Food Allergies Checklist"](#)
- [Going to College with Food Allergies](#) (FARE resources)
- [College w/Food Allergies: Lessons from a Seasoned Mom](#) (Allergic Living, 2015)
- [Allergic Child's "College with Food Allergies" section](#)
- [Food Allergy Management for College Students](#) (Physician's Weekly, 2019)

Helpful Websites or Apps:

- [Why Risk It?](#) (Anaphylaxis Canada)
- [21 Resources for Teens with Food Allergies](#) (Allergic Living's list of apps, sites, groups)

Books:

- [The Ultimate Guidebook for Teens](#) (Food Allergy Canada's Youth Advisory Panel)
- [Allergies and Adolescents: Transitioning Towards Independent Living](#) (D. Stukus, MD)