Resources Relating to Older Teens & Young Adults w/Food Allergies

Interviews & Stories:
- Teens Speak Up About Averting Food Allergy Tragedies (Allergic Living, 2015)
- Kissing and Allergic Teens (Allergic Living archives)
- Single w/Food Allergies: Advice on Dating and Relationships (Allergic Living, 2017)
- Food Allergy Meet the Teenage Brain (Allergic Living, 2015)

For Parents/Caregivers:
- Parenting Teens w/Chronic Health Conditions (RaisingChildren.net.au)
- Love & Logic: Parenting Kids w/Health Issues (Dr. Cline, Lisa Greene)

College-Specific:
- FAACT’s “Off to College with Food Allergies Checklist”
- Going to College with Food Allergies (FARE resources)
- College w/Food Allergies: Lessons from a Seasoned Mom (Allergic Living, 2015)
- Allergic Child’s “College with Food Allergies” section
- Food Allergy Management for College Students (Physician’s Weekly, 2019)

Helpful Websites or Apps:
- Why Risk It? (Anaphylaxis Canada)
- 21 Resources for Teens with Food Allergies (Allergic Living’s list of apps, sites, groups)

Books:
- The Ultimate Guidebook for Teens (Food Allergy Canada’s Youth Advisory Panel)
- Allergies and Adolescents: Transitioning Towards Independent Living (D. Stukus, MD)